



# KCCC Fall Series

## BASKETBALL SKILLS



**DATES / TIME:**

Tuesday, September 10, 2024

Division 1, 6:15pm-7:45pm (must check in by 6:30)

Division 2, 7:45pm-9:15pm (must check in by 8:00)

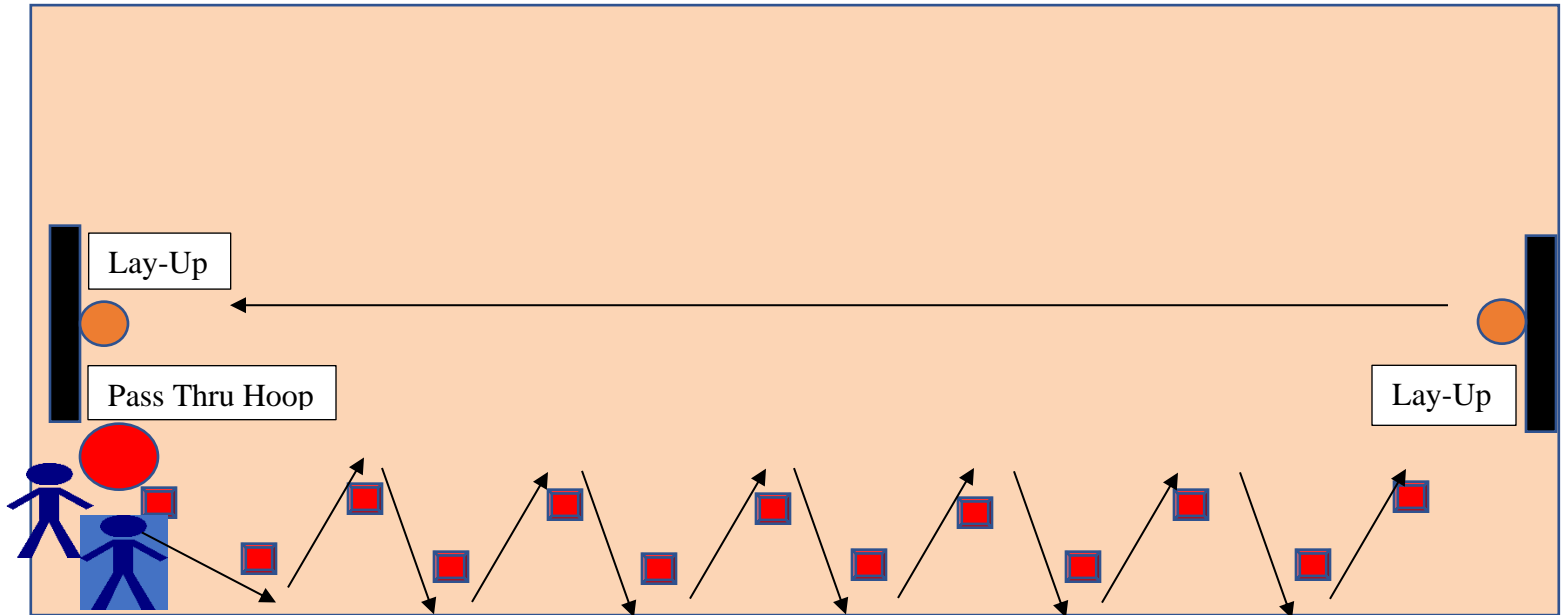
**LOCATION:**

Roeland Park Sports Dome

4850 Rosewood Drive

Roeland Park, KS 66205

- Companies may enter four teams in the competition. 2 Men's teams consisting of two men and 2 Women's teams consisting of two women.
- Each team will compete in an agility course and a shooting contest. The scores of each participant will be added together to give a team score. Each of the company's teams will add their scores together to give an overall company score.
- The agility course will consist of dribbling, shooting and passing by both participants. See layout below. The first competitor will dribble around cones down the court and complete a lay-up. He or she will then run down the to the other end of the court, complete a lay-up, and pass the ball through a hoop to his or her teammate. The teammate will then run the course. This will be a timed event in which you are rewarded points for as quickly as you can successfully complete the course. See chart below the course layout.
- The shooting contest will consist of 10 free throws, 5 shots from the top of the key, and 5 shots from different areas that the shooter can choose. The 5 shots from which to choose will be marked on the floor with spots positioned farther from the basket being worth more points.
- The combined scores from each companies' teams will be totaled and used to give the company an overall score.
- Basketballs will be provided by KCCC. Teams can bring their own basketballs if desired. Men must use a men's sized ball and women may use either the women's or men's size.



Scoring for agility course is as follows:

Under 35 seconds: 20 points

:36-:45 seconds: 15 points

:46-:55 seconds: 10 points

:56-:65 seconds: 5 points

Any time over :65 seconds is 1 point

**This information is subject to any rule interpretation changes which may occur between now and the Fall Series Tournament.**